



Seaview Primary School

The Avenue, Deneside, Seaham

County Durham SR7 8PD

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Working Together to Keep Every Child Safe

Dear parents and carers,

At Seaview, the safety and wellbeing of all our pupils is our highest priority. As part of this, we want to remind everyone of the importance of working together to support children who live with allergies, including severe nut allergies. For some children, even a tiny amount of a nut product can cause a serious, potentially life-threatening reaction. Because of this, we are proud to be a nut-free school.

Nut-Free School Reminder

We kindly ask that no nuts or nut-based products are brought into school. This includes items such as but is not limited to:

- Peanut butter
- Chocolate spreads containing nuts
- Cereal bars with nuts
- Cakes or biscuits containing nuts

Why This Matters

All children have the right to feel safe, included, and able to learn without fear. By working together as a school community, we can make sure this is the case for everyone.

Schools have a legal duty to support pupils with medical conditions, including allergies, and to ensure their safety during the school day. More recently, national changes (sometimes referred to as "Benedict's Law") are strengthening expectations on schools to have clear allergy policies, trained staff and emergency procedures in place.

How You Can Help

You can help keep all children safe by:

- Checking labels carefully before sending food into school
- Avoiding all nut products in packed lunches
- Talking to your child about why this is important
- Informing the school of any allergies your child may have

We appreciate your understanding, care, and support. By working together, we are creating a safe, inclusive environment where every child can thrive.

If you have any questions or would like further advice, please do not hesitate to contact the school.

Yours sincerely,

Mr. Paul Gingell

Headteacher

Empowering children to shape their future